

Takeaway Lunch - Recommended Local Cafés

As our meeting space does not provide catering, we are happy for you to bring in takeaway coffees, hot food and sandwiches. You can order in something to be delivered on an app or you can bring in trays of sandwiches to feed the team. A fridge is available in the kitchen to keep things fresh and we have plates, bowls and cutlery for you to use. Alternatively, you can step outside and buy something from one of the many local cafés nearby.

Our recommended cafes for takeaways include

[Ana's Deli & Café](#) - 63 Grays Inn Road, London WC1X 8TL

A Greek café with restaurant quality food. Choose from pastries, focaccia sandwiches or a short menu of hot food. The English breakfasts and the coffee are pretty good too. There is some seating at the back.

[Banh Mi Bay](#) - 4-6 Theobalds Road, London WC1X 8PN

Casual Vietnamese restaurant which does a roaring trade in hot baguettes at lunchtime. Steaming pho noodle soup, noodle salad and stir-fried noodles are also on the menu.

[Fred Coffee & Bakery](#) - 1 Northington St, London WC1N 2JE

Small coffee shop with pastries and the closest eatery to 22 John Street. It might take you 2 minutes to get to Fred. But it is also listed with Deliveroo, so if you don't want to interrupt the flow of your meeting, Fred will deliver.

[Hopper Coffee](#) - Roger St (just before you reach Grays Inn Road)

Another tiny takeaway Italian coffee shop with great coffee, filled croissants and pastries.

[Tutti's](#) - 68 Lambs Conduit St, London WC1N 3LW

Comfortable seating inside or you can perch outside and watch the world drift by. Wide selection of hot and cold food plus decent coffee.

Looking for something familiar? There are branches of Caffé Nero and Pret A Manger on Theobalds Road. Turn right out of the building, walk to the end of John Street and turn right. Both are within 5 minutes walk.

Pub Lunch

[The Lady Ottoline](#) - 11a Northington St London WC1N 2JF

You can see this pub from the meeting room window. It is a lovely old building and the pub serves a short bar menu - hot sandwiches, fish and chips, and burgers. A longer menu is served in the restaurant upstairs.

Recommended Local Restaurants

There are plenty of places to eat near [22 John St](#). Here are a few recommendations for a business lunch in East Bloomsbury and Clerkenwell.

[Honey & Co](#) - 54 Lambs Conduit St, London WC1N 3LW

Middle Eastern with good vegetarian options. if you are looking for the best restaurant in the area, you've probably found it. Early booking essential, even for lunch. If you want to sample the food, there is a small takeaway place open at lunchtimes only. Almost opposite the restaurant, it offers sandwiches, pastries and cakes, all made in the restaurant kitchen.

[Luce e Limone](#) - 91-98 Grays Inn Road, London WC1X 8TX

Sicilian restaurant offering meat, fish and pasta dishes (but no pizza) and run by the lively and engaging host Fabrizio. For the quality of the food, this place is good value in comparison to other Italians nearby.

[Ngon Ngon](#) - 144 Clerkenwell Road, London EC1R 5DP

This cheerful Vietnamese is more a place for a team lunch rather than a client lunch. That is no reflection on the quality of the food which is good and fresh, but the tables are close together and it can get quite lively. If you are feeding a crowd and mindful of your department budget, this is a good option.